

St:Mary's NOVA MMVS

2014 Bike/Walk-a-Thon

5k Bike,Run and Walk, Registration, Waiver & Release Form

Full Name: _____

Gender: Male / Female (circle one) Age: (on race day) _____

Activity: Running / Walking / Biking(circle one)

Mailing Address:

City: _____ State/Province: _____ Zip Code _____

Phone: (____) _____ Email: _____

EVENT DISCLAIMER: Please review the following waiver and disclaimer. **By adding your signature, you accept this waiver and disclaimer. Waiver and Release:**

I, _____(print name), acknowledge that my participation in the 5k Bike/ Run/Walk-a-thon may involve a risk of injury, including bodily injury, and assume the risk for same. On my own behalf and on behalf of my heirs and legal representatives and to the fullest extent permitted by law, I hereby release and discharge St. Mary's Church, NoVa and their respective directors, officers, board of trustees, members, agents and representatives, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, incurred by me in connection with any aspect of the 5k run and walk.

Signature: _____ Date: _____

Signature of Parent: _____ Date: _____
(If under 18)

Please return completed registration form to stmarysmmsnova@gmail.com